

## No homo? – Yes homo?

Today I want to talk about the „No Homo" trend and the strange message behind it. First, let me explain what it means by giving you a definition:

"No homo" is a slang term that was firstly used by rappers to ensure that what they have just said is not under any circumstances interpreted as an indication of unacknowledged gayness.

In recent years, it has become a trend among men to say the words "no homo" behind a statement that could otherwise be understood as a homosexual expression. Often the modal use of the phrase "no homo" is in a positive emotional context, accompanying expressions of men's pleasure, desire, affection, attachment, and friendship.

Here are a few examples:

" I love you, bro, no homo! "

" Dude you look good today no homo! "

" Bro you're my best friend no homo! "

While the phrase has now been largely absorbed into mainstream usage by teens, young adults and white heterosexual males, what this actually means remains contested. Does the use of the phrase display greater acceptance of gay people by men, or is it basically continued homophobia?

I think this trend is complete nonsense and makes me sad.

Why should men not just express their feelings, be emotional or complement a person of their sex without putting the phrase "No Homo" at the end?

What reason is there that a man has to make a clear point that he is not homosexual. The phrase makes me especially sad because the way it is being said makes "homo" sound like its a disease or strange condition someone has.

And why is it mostly said by men?

Is it because in modern society it is being seen gay if men show their feelings and emotions to other men? And why do women don't say that have they accepted different sexual orientations?

One should think that in this modern society were living in freedom and equality are widely accepted as well as different sexual orientations.

But this doesn't mean that it's universally accepted.

According to a 2013 report by the Pew Research Center (Washington, USA), 65% of women believe homosexuality should be accepted, while only 55% of men believe the same.

Maybe this horrible trend is only there to show us that there is still a lot of work to do when it comes to terms like equality and freedom of sexual orientation.

In addition, I think more men have to learn to become more comfortable with expressing themselves to others, especially to other men.

The silver lining here is that men and boys use "no homo" following a sincere sharing of emotion with other men. For a man to express himself isn't "homo".

Like coming out, it's an act of courage and vulnerability.

And more men should try it.

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